



December 2011 Issue 84

Editor: Michelle Weller

Message from the CEO

Dear All,

What a wonderful time of the year we are entering, Summer, the festive season, family and friend gatherings and an excitement that I love being a part of.

We started with the wonderful Weihnachtsmarkt we held in the TTHA car park on the 20th November. A very special thank you to all the fantastic TTHA staff who volunteered their time to help out on the day, without this support, the day would not nearly have had the atmosphere it did. The money raised on the day from the cake stall and TTHA Kitchen stall will be well spent on projects around the home. Thank you to all the stall holders for their contribution, especially the TSA Craft Stall, who so generously give their takings and time to the home. True Christmas Angels.

Over the coming month our activities and kitchen department will be in full swing organising all the Christmas events, we hope to see you at some of the events as they are always very special times with our residents. Choirs, Christmas Parties and the Christmas Tree Decorating, I am looking forward to the Glühwein and Gutzle.

We recently had our TTHA Staff Christmas party at a Thai restaurant in Fern Tree Gully. It was a wonderful night with great food, fantastic friends and dancing. A perfect night to enjoy each other's company outside of work hours and to celebrate the year's work.

Our maintenance department are very busy again with another two unit renovations and the three units now at lock up stage, plastering has started. The home also looks very beautiful with

a spring clean all over in November, looking at the gardens and the beautiful colours bring a smile to your face.

Some reminders over the Christmas season

1. Please remember to let our wonderful care/reception staff know if you are taking your loved ones out for holidays or specific outings so we can ensure they are all ready for you and can also let the kitchen know they will not be here for meals.
2. New Clothes – over Christmas many beautiful new clothing items come into the home and are not labeled, so sadly are never returned to the new owner. Please ensure they are all labeled.

I look forward to seeing you all over the next month before Christmas and if I don't I wish you all a wonderful Christmas and brilliant New Year.

Kind Regards
Natasha

Hallo an alle,

Was fuer eine wunderschöne Zeit, die Sommerzeit mit der festlichen Weihnachtsperiode. Zusammensein mit Familie und Freunden, das ist das Aufregende, an dem ich liebe teilzuhaben.

Begonnen haben wir mit dem herrlichen Weihnachtsmarkt, der am 20. November im Parkplatz abgehalten wurde. Ein besonders Dankeschön an unsere wundervolle TTHA Belegschaft und unsere Freiwilligen und die ihre Zeit und Hilfe kostenlos zur Verfügung stellten. Ohne diese Unterstützung, hätten wir nicht einen so tollen Tag gehabt. Die Atmosphäre war einfach umwerfend. Die Einkünfte vom Kuchen-Stand und dem TTHA-Kuechen-

Stand kommen Projekten im Heim Zu Gute. Danke auch an alle Stand-Halter fuer ihre Unterstuetzung, speziell dem TSA Handarbeits-Stand, die wieder einmal ihr Einkommen und ihre Zeit dem Heim so grosszuegig zur Ver-fuegung stellten. Wahre Weihnachts-Engel.

Im laufenden Monat werden unsere Aktivitaeten und das Kuechen Personal besonders beschaeftigt sein mit all den speziellen Weihnachtsveranstaltungen. Wir hoffen sie alle bei moeglichst vielen Veranstaltungen zu sehen, da diese besonders schoene Zeiten mit unseren Heimbewohnern sind.

Choere, Weihnachtsparties und das Dekorieren des Weihnachtsbaumes, Besonders freue ich mich auf den Gluehwein und die Gutzle!

Kuerzlich hatten wir unsere TTHA- Angestellten Weihnachtsfeier in einem Thai Restaurant in Ferntree Gully. Ein besonders schoener Abend mit prima Essen, netten Freunden und Tanzen. Ein perfekter Abend um ihn gemeinsam ausserhalb der Arbeit zu geniessen und das Arbeits-jahr zu feiern.

Unsere Instandhaltungs-Abteilung ist zur Zeit sehr beschaeftigt mit zwei weiteren Unit-Renovierungen und die 3 neuen Units sind schluesselfertig und die Innenarbeiten haben begonnen. Nach dem Fruehlingsputz sieht un-ser Heim wieder besonders huebsch aus . Wenn man den Garten und die wunder-schoenen Farben betrachtet, kann man einfach nur laecheln und sich freuen.

Hier noch ein paar Dinge zur speziellen Beach-tung ueber die Festtage!

Bitte informieren sie unser Pflegepersonal/ Rezeption , wenn sie ihre Lieben fuer ein paar Tage oder spezielle Zeiten mit sich nehmen moechten. So koennen wir dafuer sorgen, dass alles zur bestimmten Zeit fertig ist und wir koennen die Kueche informieren, wenn die betreffende Person eine bestimm-te Mahlzeit nicht benoetigt.

Neue Bekleidung- ueber die Weihnachtszeit werden viele neue Bekleidungsstuecke ins

Heim gebracht, die nicht gekennzeichnet sind. So kann es passieren, dass diese nie wieder bei dem eigentlichen Eigentuemern landen. Bitte machen sie sicher, dass alles gekennzeichnet ist. Danke

Ich freue mich darauf viele von ihnen vor Weihnachten zu sehen und falls dieses nicht geschehen sollte, wuensche ich ihnen jetzt schon ein wundervolles Weihnachtsfest und ein tolles Neues Jahr.

Natasha Wilkinson

WELCOME

“Life is about laughing and living in good & bad times. Getting through whatever comes our way and looking back and smiling”

Unknown

In the months of October and November we have welcomed to our home the following new **Permanent** residents:

Mrs Wilma Nitz—OLH Upper,
Mr HansKarl Baldenhofer—Altersheim,
Mr Hans Petz—Warrina Ground,
Mrs Irmgard Roubicek—OLH Upper,
Mrs Margaret Ciulada—OLH Upper,

We trust that after a settling in period our new residents will enjoy new friendships and a wide range of activities and events held in our Home. All are welcome and encouraged to partake.

Mrs Lorraine Neef was also admitted to our home on 3rd October, but sadly she passed away very quickly on 31st October.

“Unser Leben ist nicht durch die An-zahl unserer Atemzuege zu erfassen, sondern durch die Augenblicke, die uns den Atem rauben.”



AEC

Australian Electoral Commission

Important Information for Residents and Family Members

The Australian Electoral Commission have arranged to visit our facility in person as it has come to their attention that many of our Residents are not enrolled correctly.

They will be visiting our Home to gather the required information directly from our Residents or Family Members on:

Tuesday 24th January 2012

At 1.00pm

If at all possible, it would be greatly beneficial if a family member attend this visit to ensure the information given is correct and that the Resident understands this process.

Failing a family member being able to attend, TTHA will ensure an International Volunteer is available to assist in this process.

Thank you for your assistance in this matter.

TTHA Activities and Entertainment

Hello

It is December and Christmas cheer is here - again! Nearly another year gone, and as we say every year—where did it go?

We have had a very busy time here at TTHA, and it is not going to slow down anytime before the big 24th.

But first a quick review of last couple of month's events:

To end September with a bang we had the (now) annual Oktoberfest. And what a Fest it was – brilliant! We squeezed over 110 guests into the decorated Dr Schreiber Dining Room which had a real Bavarian theme with tons of blue and white everywhere, and the odd German Flag to remind us that though the Bavarians might think a bit differently, they really do belong to the rest of Germany!

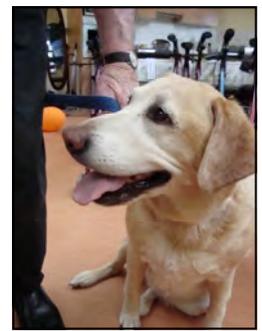
Many guests turned up in traditional folk costume, and our team decked themselves out in Dirndls or Lederhosen. Everyone looked fantastic and it really added to the atmosphere. The kitchen team was busy days in advance, cooking up a fantastic German meal: Sauerkraut, German Sausages, Leberkase, Spatzle and individual little desserts and I know there were many requests for a second helping! The wine and the beer were also very popular and kept our volunteers and workers busy serving everyone. Though we only had music from the CD player (our Music-Man had to cancel at the last minute) there was still quite a bit of singing and shauklung going on.

We had many happy guests leaving with a smile on their face and another good day to be remembered in the future.

I would like to mention that we had a great team working that day, so many people volunteered their time to help with the setting up of the room and decorations, serving the meal and drinks, joining in the fun, and then after it was all over, cleaning up and restoring the Dr Schreiber Dining Room back to its original state ready for dinner that evening.



On Wednesday 12th October those gorgeous dogs from Oz Dogs came in to perform for us as well as to be petted and cuddled by everyone. They always lift the spirits.



Moore Shoes were in-house on Tuesday 18th October, and there were many shoppers and browsers taking advantage of the possibility to purchase shoes and slippers at TTHA.

As always the Melbourne Cup Sweep was a bit of fun and the chance to have a bet on the horses.

Starting off November Beverley Fashions came in with their huge array of clothing, and the residents took up the opportunity to purchase things at summer sale prices.

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TTHA Activities and Entertainment (Con'd)

Not only did the Bayswater South Primary School Choir come in to perform for us on Wednesday 9th November, but various other students from the school showed us their musical talents by playing various instruments with varying degree of ability! It was a lovely morning with many residents joining in with the odd tune and enjoyed watching the children perform. The kids also gained a lot of benefit from having the chance to get up in front of an audience. We hope to have them here again soon.



The sun shone, the smell of delicious waffles, cakes and coffee floated through the air, the sound of talking and laughter was to be heard, and crowds gathered around the stalls, the TTHA Weihnachtsmarkt was officially open for business!

This was the first year we had moved the market from the traditional Wednesday to a Sunday, and along with that change we had organized more great craft and gift giving stalls, more food stalls, and entertainment for the kids and even a wonderful organ grinder.

All day people enjoyed the delicious food, played with the ducks, goats and friends which

the Animal Zoo had brought, caught up with friends and neighbors and bought Christmas presents for the coming festive season.

The Templer Handcraft Group had made beautiful decorations which were popular with young and old. Stall holders also sold many other wonderful gift ideas, including colorful decorative candles, beauty products and cards for all occasions, personally named Christmas baubles and water bottles, artistic "living art" plants, genuine German Chocolates and treats, and so much more. . Residents, relatives, friends and visitors from not only Bayswater but also the wider community enjoyed all that was on offer. Many volunteers and staff helped in so many ways to make the day a success, thank you so very much to all of you! It was a great day that brought many memories and a good start to the Christmas season which we are now in.

While still on the subject of the Weihnachtsmarkt, I would like to thank everyone who donated towards our annual Christmas Raffle, which is one of our major fundraisers—it is the biggest and best ever! If you have not yet purchased tickets or would like to buy some more, please just see the lovely reception team. They have all the tickets still on sale until Wednesday 14th December.

By the way, there are still yummy genuine German chocolates, biscuits and other delicious items that can be purchased. These are also at reception or available through our mobile shop.



More Weihnachtsmarkt photos
on Page 7

More Weihnachtsmarkt Photos



After the huge success of the Weihnachtsmarkt starting us on the way into the festive season the “1. Advent” was celebrated at TTHA with a performance by the Swiss Choir. This is always terrific entertainment, they sing, they dance, they yodel. And though sometime we might not understand exactly the words (!!), the tunes are well know to our hearts and we can sing along in any language we desire. Everyone had a wonderful time and many happy faces were seen walking back to their rooms after the event. Being a weekend event I would like to thank all the nursing staff who helped us organize everything to have this event run so smoothly. It takes a lot of time just bringing everyone up to the Tabulam Dining Room and then taking them back afterwards. So thank you for making this possible for our residents.

EVENTS CALENDER

DECEMBER

Christmas is not called the silly season for nothing – and we have lots of events planned for the month of December!!

Gutzle Backen with Residents

As part of the lead-up to Christmas and to get into the festive mood, we are going to bake traditional “Gutzle” with TTHA residents and need some helpers!

If you would like to help with the preparation and baking, call me.

Liedertafel Choir – Sunday December 4th (2. Advent) – 1.15pm Tabulam Dining Room

An all male choir, they are renowned throughout Melbourne, and we are most fortunate to have them perform a repertoire of Traditional German Christmas Carols for us in our own home. An event not to be missed.

Live Christmas Tree Decorating with Glühwein Happy Hour—Friday December 9th - 2pm in the reception foyer

Lots of singing (that gets merrier with the consumption of the Glühwein!) and Christmas spirit to be enjoyed while the scent of the tree adds to the atmosphere. Decorating is mandatory extra!

Liederkrantz Choir —Sunday December 11th (3. Advent) - 3pm Tabulam Dining Room

The last of the choirs to visit before Christmas.

TTHA Activities and Entertainment (Con'd)

Resident & Relatives Meeting – Wednesday December 14th – 10.30am Warrina Upper Lounge

Everyone is welcome to have their input into TTHA. Listen to what has been happening around the home and have a chance to talk to the managers of the different areas. At this meeting we will also be drawing the 31 prizes of the TTHA Raffle – remember to buy your tickets at reception!

Special Lutheran Service – Wednesday December 21st – 11am Tabulam Dining Room

Pastor Stern will be holding a special Christmas Service for all residents wishing to attend. If you would like to come along, please let either myself, or reception know and we will pick you up on the day.

CHRISTMAS PARTIES 2011

ILU Christmas Party – Friday December 16th – 5pm – Dr Schreiber Dining Room.

IMPORTANT: All residents who usually eat the evening meal in the Dr Schreiber Dining Room are advised that due to the Christmas Party, residents will receive their meals either in their rooms or in their lounge areas.

Tabulam Christmas Party – Tuesday December 20th – 2.30pm – Tabulam Dining Room

OLH, Warrina and Altersheim Christmas Party – Thursday December 22nd – 2.30pm – Dr Schreiber Dining Room

Helpers are always needed and greatly appreciated for any of the Christmas Parties.



THANK YOU!

After many years of diligently running our Monday evening Movie Night for us, Gudrun and Inge have decided to resign from their job as of the end of December. I would like to say a special thank you to both these ladies, they have

volunteered many hours of their time, not only on the Monday nights, but also sourcing the ice-creams, the wine, making up lists of the next month movies, setting up chairs and tables, and all manner of other jobs that they simply took on board. We have been very lucky to have both of them involved with TTHA. So thank you very much Gudrun and Inge. You have been greatly appreciated.



MERRY CHRISTMAS AND A HAPPY NEW YEAR!

The Activities Team & I would like to sincerely wish all of you a very Merry and safe and healthy Christmas period.

Enjoy this special time with family and friends and we look forward to sharing the New Year with you.

Take care, Karin

MOVIE NIGHT COORINATOR REQUIRED

As of January Activities is looking for a new volunteer Movie Night Coordinator.

Your job would include selecting the up-coming films with the residents, collecting money, organizing the evening along with serving a small glass of wine and ice cream during interval and tidying up afterwards

At the moment Movie Night takes place on a Monday evening from @ 6—9pm, though day and time can be flexible.

If you would like to know more or are interested in volunteering, please contact Karin on 8720 1303.

CRAFT ASSISTANT REQUIRED

We would like to run a small, person centered craft group one afternoon a week for our residents in the Tabulam Wing.

Rashmi is looking for a volunteer helper to assist her. At this stage the group could take place any day *besides* Thursdays.

If you are interested in working together with Rashmi, please contact Karin on 8720 1303.

IN MEMORIUM

“Life is not measured by the number of breaths we take, but by the moments that take our breath away”

Maya Angelou

During the months of October and November, we have farwelled the following residents:

Mrs Adelheid (Adela) Dimitriou,
Mrs Annelies Reutel,
Mrs Magdalena Strecker,
Mrs Lorraine Neef,
Mr Wilhelm (Bill) Imberger,
Mrs Lotti Engebrecht,

We extended our condolences to the families of these residents and trust that all are at peace.

“Leben bedeutet zu lachen und zu sein in guten und in schlechten Zeiten, durchzuhalten, was auch immer unseren Weg kreuzen mag, zurueckzublicken und zu laecheln.”

Genuine German Chocolates

**For Sale in the
Reception Foyer
All Proceeds go to TTHA**



Piano Needed!

TTHA needs another piano. We are looking for one that is still in excellent to very good condition .



Please let Karin know if you can help on 8720 1303.



Pool/Billard Table

Many of our residents would love to get together and play some pool or billiards.

To this end we are looking to find a very good quality table that could either be donated or bought at minimal cost.

Can you help us?
Contact Karin on 8720 1303.



**TTHA
GERMAN
AGED CARE
SPECIALISTS**

**Christmas
Raffle 2011**

**OVER 30 PRIZES TO BE
WON!**

**EXCLUSIVE L'OREAL
PRODUCTS, GIFT VOUCH-
ERS FOR MOVIES, MEAL
OR MASSAGE, BOTTLES OF
HENKELL WINE, PAMPER
PACKS, CHOCOLATES AND
MANY MORE GREAT ITEMS
TO WIN**

1st prize worth \$450

**Drawn: 14th December 2011
at R & R Meeting**

Dear Residents, Family and Friends,

With the festive season once again just around the corner, our Activities Team is busy planning the various Christmas parties for TTHA.

So that we can have an idea of numbers for catering, if you are a family member or friend wishing to join in with one of the parties, it is absolutely essential **that you book**. Due to space constraints, we can only accept a maximum of 2 extra guests per resident, please contact Karin at Activities to discuss the possibilities (8720 1303).

Independent Living Units Christmas Party

Friday December 16th – 5.00pm Dr Schreiber Dining Room

We request for catering requirements for that all Independent Living Unit Residents wishing to come please book by December 12th. This Christmas party is for the ILU Residents only. Thank you for your understanding in this matter.

In House Christmas Parties

Tabulam Wings

Tuesday 20th December 2011 - 2.30pm

Tabulam Dining Room

RSVP by 16th December

OLH Wings

Warrina Wings

Altersheim

Thursday 22nd December 2011 - 2.30pm

Dr Schreiber Dining Room

RSVP by 19th December



We look forward to sharing the upcoming Christmas time with you.

Your Activities Team

The TTHA Café will be open on Saturday 24th December and all residents and family members are welcome to come along and enjoy the festive celebrations of Christmas Eve.

**Please be advised that the TTHA Café will be closed from:
Sunday 25th December 2011 to Wednesday 4th January 2012**

**TTHA Bi-Monthly Meetings
Remaining Meeting for 2011**

Wednesday 14th December

**Resident & Relative Meeting
10.30am Warrina Upper Lounge**

**ILU & Apartment Resident Meeting
2.00pm Warrina Upper Lounge**

**The first meeting in 2012 will be in February.
Exact date will be advised later.**

PLEASE NOTE THAT THE MOVIE NIGHT PROGRAM WILL NO LONGER BE SHOWN IN THE NEWSLETTER. MONTHLY PROGRAM DETAILS WILL BE HUNG ON ALL NOTICEBOARDS THROUGHOUT THE HOME PRIOR TO THE START OF A NEW MONTH.



**DECEMBER & JANUARY
BIRTHDAY CELEBRATIONS**



Residents - Nikolaus Schekolin, Edith Frey, Hugo Wennagel, Heinrich Molders, Johanna Halder, Helene Porbadnigk, Hermann Mueller, Eric Vogt, Erika Petrick, Mary Tolnai, Friederike Tastl, Ingeborg Woodruff, Anna Weber, Waltraud Stark, Maria Milton, Hartmut Assmus, Mathilde Gegenhuber, Lore Tesch, Walter Henke, Ulla Marnow, Inky Arndt, Ella Weber, Rosemarie Beilharz,

Staff - Magdalena Bader, Patricia Bass, Sunny Batra, Tony Beilharz, Saffron Blue, Christiane Casey, Monique Davidson, Tamara Dicker, Niroshani Dissanayaka, Jana Gazarek, Sally Goyne, Gaby Greiner, Rashmi Gupta, Edith Harmer, Cindy Hughes, Jodiana Jaraie, Manpreet Kaur, Sonja Schaeffner, Liz Simpson, Beth Solano, Serina Widdison-Fort, Catherine Williams, Michaela Zimmermann,

Volunteers - Alwine Steltenkamp, Gerda Knaub, Lore Spieth, Marie-Anne Beilharz, Hayley Ozols-Hamilton

IF A RESIDENT BIRTHDAY THAT FALLS IN THESE MONTHS IS NOT INCLUDED, IT MAY BE BECAUSE TTHA ARE WAITING FOR THE "PUBLICITY RELEASE INFORMATION" FORM TO BE COMPLETED OR THIS FORM HAS BEEN COMPLETED AND MARKED "NO" TO SHARING THIS INFORMATION PUBLICLY. PLEASE CONTACT RECEPTION IF YOU HAVE ANY QUERIES ABOUT THIS.

. THANK YOU! MICHELLE